

“

When I look back at how I am now compared to where I was, I feel I'm the person I always wanted to be.

— withyou client

Get in touch

If you're looking for support, please don't hesitate to reach out to us.

Phone number

0800 652 1944
Free to call

Dunoon

Ballochyle House
Kirk Street
PA23 7DP

Helensburgh

17a East King Street
G84 7QQ

Oban

Muir Suite
Boswell House
Argyll Square
PA34 4BD

Make an appointment online

Visit calendly.com/argyllandbute or email argyllandbute@wearewithyou.org.uk

Follow us on social media



We Are With You. A registered charity in England (1001957) and Scotland (SC040009), and a private company incorporated in England & Wales with company number 02580377.

withyou every step of the way

We provide free and confidential services, without judgement, to people experiencing challenges with drugs and alcohol.

withyou

wearewithyou.org.uk



withyou in Argyll and Bute

Our service provides tailored support for people facing challenges with drugs or alcohol.

withyou is a positive place where you can connect with others and get friendly, expert help. We will work side by side with you to make sure the right support is available, when you need it.

wearewithyou.org.uk

What we do

We work with you on your own goals, whether that's staying safe and healthy, making small changes or stopping a harmful habit altogether.

The services we provide in Argyll and Bute include:

- ✓ **One-to-one support for over 16s**
Meet with one of our recovery workers, at a venue to suit you, to discuss what's happening in your life
- ✓ **Help for friends and family** Specific support for people who are affected by a loved one's alcohol or drug use
- ✓ **Needle and syringe provision** Get sterile injecting equipment to help keep you safe
- ✓ **Naloxone training and provision**

A safe space

Here at **withyou**, we want you to feel safe and comfortable when seeking support, and your privacy is really important to us.

Everything you tell us, whether in person or online, is confidential. The only time this might change is if we have serious concerns about your own or someone else's safety.

Chat to us online

You can also access support seven days a week via our free, confidential webchat service: wearewithyou.org.uk

Whether you need advice for yourself or to support a friend or relative, we're withyou.

